



Say hello to Heaven on Main Spa, Grapevine's newest day spa for him and her.

Welcome to your HōM away from home for revitalizing skin and body treatments that refuel, repair and restore balance within. Our med spa, located in Grapevine's historic downtown, caters to both men and women with a spa menu that addresses individual skin types, specific muscle ailments, aesthetics, and wellness needs.



HōM

HEAVEN ON MAIN SPA

SPA MENU

For appointments, please call
682-477-2000 or visit us online.

120 S. MAIN STREET, SUITE 40
GRAPEVINE, TX 76051
HEAVENONMAINSPA.COM

For Your Skin

HÖM FOR HER 50 min \$150 | 80 min \$195

Your skin needs some love and we are eager to help. Our signature facial rejuvenates your skin from the inside out to give your face what it needs most. Whether it's time to hydrate, exfoliate, detox or soothe, your unique skin is on our mind. Considering adding on a dermaplane exfoliation for the ultimate experience.

REWIND TIME FOR HER 50 min \$150 | 80 min \$195

Resist the signs of time with this youth activating treatment. After we analyze your skin with innovative technology, we customize your facial to counteract the effects of stress, lifestyle, aging and blemishes. This relaxing facial includes age protection, massage and a custom treatment plan.

HÖM FOR HIM 50 min \$150 | 80 min \$195

This isn't your dad's 'skincare regimen'. Our signature men's facial is customized to treat men's problem areas caused by aging, lifestyle, stress, razor burn or ingrown hairs. This facial will hydrate, exfoliate, detox, and soothe the skin. Your expert aesthetician will give your skin the boost it needs to get back on track as well as a customized treatment plan and HöM Care going forward.

REWIND TIME FOR HIM 50 min \$150 | 80 min \$195

Finally, a spa that gets you. A facial expertly curated to give you the men's glow - a well-groomed, youthful, put together and professional look. This is a youth-activating facial for a man's skin that uses innovative technology to customize the facial for your skin type. It will rewind the signs of aging, razor burn and more while nourishing and soothing the skin. Your expert aesthetician will give your skin the boost that it needs to get back on track today as well as a customized treatment plan and HöM Care going forward.

THE GLOW FOR EVERYONE 50 min \$225

This treatment luxuriously hydrates the skin's surface to reduce visible signs of aging by producing radiant, glowing, more youthful looking skin. Diamond Glow technology will gently exfoliate, extract congestion and infuse your skin with SkinMedica Pro Infusion Serums. No matter what your skin goals are, you will fast track your progress with immediate results and cleaner, brighter, more youthful looking skin.

HÖM FOR YOUR BACK 50 min \$165

This is the perfect treatment for one of our most neglected areas. HöM for Your Back is a skincare treatment that will reduce congestion or acne on your back while hydrating, exfoliating, detoxing and soothing, resulting in more healthier more radiant skin. PS - It feels divine.

DERMAPLANE \$150 stand-alone | \$50 as facial add-on

Dermaplane is like chocolate. It makes everything better. Your skilled aesthetician will gently and effectively remove the top layer of dull, dead surface skin as well as any unwanted peach fuzz leaving your skin positively glowing. Paired with a facial, it increases the absorption and efficacy of every single ingredient. Paired with Diamond Glow? The results are absolutely swoon worthy. Sorry fellas, this one is only for the ladies.

SKINPEN \$320 each | \$900 for three with aftercare

Known as the gold standard of microneedling, SkinPen® allows for the controlled induction of your skin's natural healing process. We use this state-of-the-art, medical-grade, FDA-approved device to minimize the appearance of fine lines, wrinkles, deep folds, pore size and scars. This works similarly to working out. You are sore after a workout because of micro tears in your muscle fibers. Your body heals the tears with stronger, healthier muscle. With SkinPen, micro injuries in your skin are healed with stronger, healthier and more youthful looking skin.

CHEMICAL PEELS From \$150

You may not be able to turn back the hands of time, but you can reverse what it's done to your skin. Chemical peels offer a nonsurgical option for revitalizing your appearance and reclaiming newer, fresher skin. Peels help a myriad of skin concerns including acne, hyper-pigmentation, melasma, scarring, sun damage, age spots and freckles.

For best results, deeper peels can require the use of certain products in advance of a peel to prepare your skin. Please schedule a complimentary consultation with one of our experienced aestheticians at least two weeks before you plan to peel. Since these are medical grade peels, a medical clearance is required and can be completed in the same visit.

HöM tip! While our 50-minute is a classic, try 80 minutes to receive deeper cleansing, extractions and more massage. May we suggest enhancing this treatment with a dermaplane exfoliation? Ask your aesthetician, it makes everything better.

Enhancements

For Your Skin

- LASH TINTING \$30
- BROW TINTING \$30
- LASH + BROW TINTING \$50
- LASH LIFT \$140
- BROW LAMINATION \$140
- BROW WAX \$30
- LIP WAX \$15
- BROW AND LIP WAX \$40

For Your Body

- SCALP TREATMENT \$10
- FOOT TREATMENT \$15
- BALMS \$10
- HEATED MUD PACK \$30
- CUPPING \$15

For Your Body

Massages features pink salt Himalayan salt stones that contains 84 minerals and trace elements including calcium, potassium, iron and magnesium. The stones provide gentle exfoliation while the minerals are absorbed through the skin, helping to relax muscles, ligaments and tendons, balance skin conditions and support a healthy immune system. Enjoy these stones as our gift to you after every massage.

HÖM FOR YOUR BODY 50 min \$130 | 80 min \$160

Honor your body with healing techniques that blend art and science. This massage is tailored to fit your body's unique needs using long, flowing strokes varying from light to medium pressure.

DEEP TISSUE MASSAGE 50 min \$145 | 80 min \$185

When you need it to hurt so good, our Deep Tissue massage is an intense massage that provides you with full body healing.

HÖM FOR MAMAS MASSAGE 50 min \$150

We're honored to nurture mamas in their second and third trimesters with this relaxing, therapeutic massage. This full-body massage targets your neck and shoulders all the way down to your aching feet. For your safety, a doctor's release form is required prior to treatment.

ALL-IN MASSAGE (Body Massage) 50 min \$155 | 80 min \$190
(Deep Tissue) 50 min \$170 | 80 min \$210

This massage is the ultimate treatment for self-care. Choose between our HöM for your Body Massage or our Deep Tissue Massage while receiving many enhancements such as a luxurious warm oil scalp massage, therapeutic hot stones, foot treatment and your choice of balms. This massage is personalized to your needs.

BRING IT BACK WRAP 50 min \$150

We use a vitalizing firming gel rich in youth-activating sea minerals. A soothing massage ensures the deepest penetration of these almost magical elements. The wrap immediately hydrates, tightens and stimulates your skin. With repeated use, a long-term anti-aging effect will be seen on areas of skin lacking elasticity. If you are claustrophobic, but still want to try the wrap, we can wrap your gorgeous bod in sections instead of all at once, so that it feels more like your favorite jeans than a cocoon.

HÖM SCRUB 50 min \$160

The HöM Scrub is a wonderful way to rid the skin of dry, dead surface skin cells and rough skin. After the skin is deeply cleansed and revitalized with marine salt crystals and algae oils, a final application of quenching moisturizers will leave your body radiant and tingling with renewed life. Have you ever had a really good back scratch? Imagine that but better all over your body. Yes, please!